



#### This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: 3NE250575 It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing

1. This Gala is to be held at the John Charles Aquatic Centre, Leeds LS11 5DJ on Saturday 12<sup>th</sup> July 2025. The pool length is 50m of variable depth with 10 lanes and anti-wave lane ropes. A secondary strobe will be available. A separate swim down facility is available.

2. Omega (Quantum) Timing will be in operation with a matrix scoreboard display. Times displayed are for information only.

3. Age Groups/Events will be:

9 years and over: 4 x 50m Freestyle and Medley relays 50m and 100m, 200m freestyle and 200IM (single sex 12 and under; 13 and over)

All events will be Heat Declared Winners.

4. Any swimmer accepted must have times which fall within the upper and lower qualifying times for this Meet. These times must be ratified by the relevant Club Coach for each event. Swimmers not in compliance with the aforementioned requirement will be disqualified from all events and invalidated from all presentations. A copy of the qualifying times can be found on the RDASC website at <u>www.rdasc.org.uk</u>

5. Richmond Dales ASC complies with Swim Englands Transgender and Non-Binary Competition policy. The Female category at this event is for birth sex females only. By entering the Female category, a swimmer confirms that their birth sex is female.

#### 6. Ages are as at <u>12<sup>th</sup> July 2025</u>.

Entry Fees: £7.50 paper entries and individual Sportsystems entries £7.50 paper entries and Sportsystems entries for each team relay event

7. Poolside passes cost £15.00 each, which includes start sheets and lunch (programme will only be available online). Coaches and Team Managers will not be permitted on poolside without a Poolside Pass. All Coaches and Team Managers must be CRB/DBS checked to access poolside (you will be asked to confirm this on your Summary Sheet).

8. Richmond Dales ASC will NOT be responsible for any unaccompanied swimmers at the Gala. Swimmers are the responsibility of the Club to which they are affiliated and must be supervised by a responsible adult possessing a Poolside Pass.

9. Entries should be submitted using Sportsystems Entries Manager V2, provided by the Competitions Secretary or available online on the RDASC website. This is a *'first come, first served'* Gala. Entries open **at 0800hrs on Thursday 15<sup>th</sup> May 2025** and will close once the Gala is full or at 1900hrs on Thursday 12<sup>th</sup> June 2025. Please email your Entry File, along with completed Summary Sheet, to <u>competitions@rdasc.org.uk</u>.

Entries received prior to 0800hrs on Thursday 15<sup>th</sup> May will be returned and you will be asked to resubmit at the entry opening time.

#### RDASC reserves the right to fill any empty lanes with their swimmers, after the closing date.

10. A list of accepted entries will be available prior to the Gala. Please check your entries to ensure they are correct and notify of any errors.

11. Clubs will be **invoiced for payment after the closing date** and payment must be made in full prior to the Meet date. Payment is to be made by BACS transfer to Richmond Dales ASC, Sort Code: 54-30-43, Account Number: 02230798. Please include a Club reference (abbreviations accepted) followed by **SM25** eg RDASC SM25. Clubs entering more than one swimmer must use a Sportsystem Electronic Entry File. Individual entries will not be accepted. Please complete and return the Summary Sheet along with Sportsystems Entry file.

- 12. Entry times should be converted from 25m pool times by use of official conversion tables.
  - NB The Sportsystems Entry File will automatically convert SC times downloaded from Rankings to LC times.
- 13. Refunds will only be given if:
  - The withdrawal is before the Gala has closed, which may be prior to the advertised closing date if the Gala is full.
  - The withdrawal is after the Gala has closed and is on medical grounds, subject to submission of an appropriate medical certificate. In such cases, the swimmer will be withdrawn from all other events.
- 14. There will be no poolside entries.
- 15. Heats will be seeded according to submitted entry times.

16. Presentations will to the first three in age groups 9yrs, 10yrs, 11yrs 12yrs, 13yrs, 14yrs, 15yrs and over. Medals will be awarded to Classified disability swimmers in each age group according to the GB multi classification points system.

17. Swimmers will only be permitted to swim for one Club during the Gala.

18. For safety reasons, only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the Gala. Swimmers are requested to remain in the water until asked to leave the pool.

- 19. Disability competitors:
  - Swimmers with a disability will swim under IPC Rules.
  - Qualifying times for disability competitors are not required, however entry times will be submitted for the purpose of seeding the heats.
  - Poolside passes/Coach passes will attract the advertised fee. All Coaches, Chaperones and Personal Care Attendants must confirm to the Swim England Child Protection Procedures and hold a current DBS certificate.
  - The competition format will be based on disability inclusion within the able-bodied programme. As such, there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability swimmers will also be included within the results for their age group.

20. Admission for spectators will be £8.00 per day and payment will be by **cash only.** Children under 12 years old and accompanied by an adult will be admitted for free. **The Meet programmes will only be available online**.

21. Entry cards will not be issued. Coaches or Team Managers should advise the recorders of any missing swimmers by 8pm the evening before the swim, or 12 noon before the afternoon session, using the withdrawal

form available on the RDASC website. Seeded heat lists will be produced prior to the start time of the session. Complying with this condition will reduce the number of empty lanes.

22. Coaches/Team Managers are responsible for ensuring competitors report FIRST to the marshalling area at the required time. Swimmers failing to report to the Competition Marshals in time for the start of their race may not be allowed to compete.

23. Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management.

24. Neither Richmond Dales ASC nor the John Charles Aquatic Centre can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers provided in the changing rooms and not leave belongings unattended in the changing area or on poolside.

25. Anyone wishing to use photographic equipment within the pool area is to comply with Swim England Photography Guidance.

26. The Lead Referee prior to the gala will be John Flynn who is contactable at flynnjohn01@gmail.com

27. RDASC will confirm nearer the time of the gala, as to whether or not there will be a swimwear shop available at the event.

28. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the Meet and the submission of results to British Swimming Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party, such as a Club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.

29. This Gala will be compliant with Swim England Guidance and with the specific health and safety requirements of the venue *(this may be subject to change at any time).* 

30. Richmond Dales ASC reserve the right to reduce the number of entries per Club for relays, to ensure as many clubs as possible have the chance to enter, so as not to compromise session times.

31. Any points not covered in these Meet Conditions will be at the discretion of the Meet Organisers.

#### Meet Promoter

Karen Crozier

Email: galas@rdasc.org.uk

#### Meet Secretary

Ruth Kneller 4 Greta Place Middleton-in-Teesdale DL12 0RD

Email: competitions@rdasc.org.uk





(Level 3 Long Course Meet - John Charles Aquatic Centre, Leeds LS11 5DJ)

# **Programme of Events**

Session 1					
0800hrs Warm Up - Start 0900hrs					
101	4 x 50M Boys/Open 12 years and under Freestyle Relay				
102	4 x 50M Boys/Open 13 years and over Freestyle Relay				
103	4 x 50M Girls 12 years and under Medley Relay				
104	4 x 50M Girls 13 years and over Medley Relay				
105	200M IM Boys/Open				
106	200M Freestyle Girls				
107	50M Freestyle Boys/Open				
108	50M Freestyle Girls				
109	100M Butterfly Boys/Open				
110	100M Butterfly Girls				
111	50M Backstroke Boys/Open				
112	50M Backstroke Girls				
113	100M Breaststroke Boys/Open				
114	100M Breaststroke Girls				

Session 2					
Warm Up and Start Time TBC					
201	4 x 50M Girls 12 years and under Freestyle Relay				
202	4 x 50M Girls 13 years and over Freestyle Relay				
203	4 x 50M Boys/Open 12 years and under Medley Relay				
204	4 x 50M Boys/Open 13 years and over Medley Relay				
205	200M IM Girls				
206	200M Freestyle Boys/Open				
207	50M Butterfly Girls				
208	50M Butterfly Boys/Open				
209	100M Freestyle Girls				
210	100M Freestyle Boys/Open				
211	50M Breaststroke Girls				
212	50M Breaststroke Boys/Open				
213	100M Backstroke Girls				
214	100M Backstroke Boys/Open				
215	8 x 50M Mixed Cannon				
	(girl/boy/open 9-10yrs, 11-12yrs, 13-14yrs and 15 over				





(Level 3 Long Course Meet - John Charles Aquatic Centre, Leeds LS11 5DJ)

### Upper Qualifying Times (must not be faster than)

Boys

Girls

9yrs	10yrs	11 yrs	12 yrs	13 yrs	14 yrs	15+ yrs	Event	9yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15+ yrs
33.0	30.0	29.0	27.0	26.0	24.0	23.0	50m Free	35.0	33.0	31.0	30.0	29.0	28.0	27.0
1.19.0	1.17.0	1.07.0	1.02.0	59.0	57.0	55.0	100m Free	1.16.0	1.14.0	1.07.0	1.04.0	1.02.0	1.00.0	59.0
2.57.0	2.37.0	2.26.0	2.17.0	2.10.0	2.04.0	1.58.0	200m Free	3.02.0	2.37.0	2.25.0	2.18.0	2.13.0	2.11.0	2.08.0
35.0	34.0	33.0	31.0	30.0	28.0	27.0	50m Back	36.0	35.0	34.0	33.0	32.0	31.0	30.0
1.25.0	1.23.0	1.16.0	1.11.0	1.08.0	1.03.0	1.01.0	100m Back	1.26.0	1.24.0	1.17.0	1.13.0	1.09.0	1.07.0	1.06.0
42.0	40.0	38.0	36.0	35.0	33.0	31.0	50m Breast	43.0	41.0	39.0	37.0	35.0	33.0	32.0
1.41.0	1.38.0	1.28.0	1.22.0	1.17.0	1.13.0	1.10.0	100m Breast	1.33.0	1.30.0	1.25.0	1.21.0	1.18.0	1.17.0	1.16.0
32.0	31.0	30.0	29.0	28.0	27.0	26.0	50m Fly	36.0	35.0	33.0	32.0	31.0	30.0	29.0
1.21.0	1.19.0	1.13.0	1.09.0	1.06.0	1.03.0	59.0	100m Fly	1.26.0	1.22.0	1.15.0	1.11.0	1.08.0	1.06.0	1.05.0
3.23.0	3.00.0	2.44.0	2.34.0	2.28.0	2.21.0	2.15.0	200m IM	3.26.0	3.00.0	2.46.0	2.37.0	2.30.0	2.29.0	2.26.0

### Lower Qualifying Times (must not be slower than)

Boys

#### Girls

9yrs	10yrs	11 yrs	12 yrs	13 yrs	14 yrs	15+ yrs	Event	9yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15+ yrs
55.0	55.0	50.0	45.0	41.0	39.0	36.0	50m Free	55.0	55.0	50.0	45.0	41.0	39.0	36.0
1.48.5	1:46.5	1:35.5	1:28.0	1:22.0	1:17.0	1:13.0	100m Free	1.45.0	1:43.0	1:35.0	1:28.0	1:24.0	1:20.0	1:17.0
4:10.0	3:45.0	3:30.0	3:15.0	3:00.0	2:55.0	2:45.0	200m Free	4:10.0	3:40.0	3:30.0	3:20.0	3:05.0	2:50.0	2:45.0
1.03.0	1:00.0	56.5	53.5	50.0	49.0	44.0	50m Back	1.02.0	1:00.0	58.0	55.0	52.0	50.0	47.0
2.02.0	2:00.0	1:55.0	1:50.0	1:45.0	1:42.0	1:40.0	100m Back	1.57.0	1:55.0	1:50.0	1:48.0	1:45.0	1:42.0	1:40.0
1:06.00	1:01.0	57.0	52.0	48.0	45.0	42.0	50m Breast	1:06.0	1.00.0	56.0	52.0	49.0	47.0	45.0
2.17.0	2:15.0	2:05.0	2.00.0	1:55.0	1:50.0	1:48.0	100m Breast	2.12.0	2:10.0	2.05.0	2.00.0	1:55.0	1:50.0	1:48.0
1:00.0	58.0	54.0	50.0	47.0	44.0	41.0	50m Fly	1:00.0	58.0	54.0	50.0	48.0	44.0	42.0
2.02.0	2.00.0	1:55.0	1:50.0	1:45.0	1:42.0	1:40.0	100m Fly	1.58.0	1:55.0	1:50.0	1:48.0	1:45.0	1:42.0	1:40.0
4:33.0	4:11.0	3:55.0	3:36.0	3:20.0	3:10.0	3:00.0	200m IM	4:30.0	4:10.0	3:50.0	3:35.0	3:20.0	3:15.0	3:10.0



# Summer Madness Meet Saturday 12<sup>th</sup> July 2025

**Richmond Dales ASC** 



(Level 3 Long Course Meet - John Charles Aquatic Centre, Leeds LS11 5DJ)

## PAPER ENTRY FORM

Affiliated Club:			SE Number:		
First Name:			Surname:		
Date of Birth:			Gender:	MALE/OPEN	FEMALE
Contact Telephone	Number:				
Contact Email Address:					
Please confirm that this entry is approved (and the timi have been ratified) by your Coach:			ngs	YES	NO
Please give the name of the Coach/Team Manager who will accompany you poolside and be responsible for you during the competition (in compliance with Section 6 of the Meet Condition)					

Event	Entry Time	Event	Entry Time
50M Freestyle		4 x 50M Boys/Open 12yrs and under Freestyle Relay	
100M Freestyle		4 x 50M Boys/Open 13yrs and over Freestyle Relay	
200M Freestyle		4 x 50M Girls 12yrs and under Medley Relay	
50M Backstroke		4 x 50M Girls 13yrs and over Medley Relay	
100M Backstroke		4 x 50M Girls 12yrs and under Freestyle Relay	
50M Butterfly		4 x 50M Girls 13yrs and over Freestyle Relay	
100M Butterfly		4 x 50M Boys/Open 12yrs and under Medley Relay	
50M Breaststroke		4 x 50M Boys/Open 13yrs and over Medley Relay	
100M Breaststroke		8 x 50M Mixed Cannon	
200M Individual Medley			

Number of Events Entered:	Total Payable (each event @ £7.50)	£
Payment made by: (please indicate BACS/cheque)	If paid by BACS please indicate date paid	

Please email paper entries to: <u>competitions@rdasc.org.uk</u>

### PLEASE DO NOT MAKE ANY PAYMENTS UNTIL YOU ARE INVOICED

Clubs/Individuals will be **invoiced for payment after the closing date** and payment must be made in full prior to the Meet date. Payment is to be made by BACS transfer to Richmond Dales ASC, details below. Please include a Club reference (abbreviations accepted) followed by **SM25** eg RDASC SM25.

Account Name:	Richmond Dales ASC
Account Number:	02230798
Bank Sort Code:	54-30-43

Paper Entries and cheques can be posted to:

Ruth Kneller 4 Greta Place Middleton in Teesdale DL12 0RD

### Please sign below to confirm that you agree with the Promoter's Meet Conditions:

Name:

Signature:

Date:

(signed by Parent/Guardian/Swimmer 18+)





Level 3 Long Course Meet - John Charles Aquatic Centre, Leeds LS11 5DJ)

## SUMMARY SHEET

This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: 3NE250575 It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing

### **Visiting Club Information**

Club:	
Contact Name:	
Address:	
Email Address:	
Contact Number:	

Number of Male/Open Electronic Entries	@ £7.50 each =	£
Number of Female Electronic Entries	@ £7.50 each =	£
Number of Paper Entries (Male/Open & Female)	@ £7.50 each =	£
Number of Relay Teams & Events Entered	@ £7.50 each =	£
Number of Coach/Team Manager Passes	@ £15.00 each =	£
	TOTAL	£

Please tick the box to confirm that all Coaches/Team Managers assisting Poolside are CRB/DBS checked

Please email electronic entries and summary sheets to: <u>competitions@rdasc.org.uk</u>

### PLEASE DO NOT MAKE ANY PAYMENTS UNTIL YOU ARE INVOICED

**Clubs/individuals will be invoiced for payment** after the closing date and payment must be made in full prior to the Meet date. Please pay by BACS transfer (details below) and include a Club reference (abbreviations accepted) followed by **SM25** eg **RDASC SM25**. Clubs entering more than one swimmer must use a Sportsystem Electronic Entry File. Individual entries will not be accepted.

Account Name:	Richmond Dales ASC
Account Number:	02230798
Sort Code:	54-30-43

Paper Entries, cheques and summary sheets can be posted to:

Ruth Kneller 4 Greta Place Middleton-in-Teesdale DL12 0RD

We would be grateful for contact details of any of your qualified licensed officials who may be available to assist.