



**This is a Level 3 Long Course Gala Licensed by Swim England – Licence Number: NE230257  
It is subject to Swim England Laws and Regulations and Swim England Technical Rules of Racing**

### PROGRAMME OF EVENTS

SATURDAY 4 <sup>th</sup> March 2023					
Session 1			Session 2		
101	400IM Girls		201	400M Freestyle Girls	
102	200M Freestyle Boys		202	200M IM Boys	
103	100M Backstroke Girls		203	50M Breaststroke Girls	
104	100M Butterfly Boys		204	50M Backstroke Boys	
105	50M Butterfly Girls		205	100M Freestyle Girls	
106	50M Freestyle Boys		206	100M Breaststroke Boys	
107	200M Breaststroke Girls		207	200M Butterfly Girls	
108	1500M Freestyle (mixed)		208	200M Backstroke Boys	

SUNDAY 5 <sup>th</sup> March 2023					
Session 1			Session 2		
301	400IM Boys		401	400M Freestyle Boys	
302	200M Freestyle Girls		402	200M IM Girls	
303	100M Backstroke Boys		403	50M Breaststroke Boys	
304	100M Butterfly Girls		404	50M Backstroke Girls	
305	50M Butterfly Boys		405	100M Freestyle Boys	
306	50M Freestyle Girls		406	100M Breaststroke Girls	
307	200M Breaststroke Boys		407	200M Butterfly Boys	
308	800M Freestyle (mixed)		408	200M Backstroke Girls	